



# Emmanuel Youth

6th Grade- 12th Grade

**Bible Study | Sunday 11-12**

**Youth Group | Sunday 5-7**

*Don't let anyone look down on you because you are young,  
but set an example for the believers in speech, in conduct, in love,  
in faith and in purity. 1 Timothy 4:12*

Our High School youth group is made up of Freshman to Seniors in Hamilton County. We meet every Wednesday from 630-830. Our first hour is made up of social time, we play pool, ping pong, or the Wii projected on the wall. At 730 we start our lesson and conversation time. Each week we dig deeper into our series. We end our time with an open share time where teens are encouraged to share their struggles. We share in open discussion to try and find a resolution together.

Most of the time We teach breathing techniques, meditation, or other anxiety relief techniques, combining Biblical study with practical application.

Contact Joshua for more information!  
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